

Tooth Whitening Information

Regardless of how well you clean your teeth, it is inevitable that, over time, some yellowing or discoloration will occur. This gradual change can be caused by aging, substances that stain your teeth (such as coffee, red wine and tobacco) or the deterioration of a tooth's nerve.

A safe and effective tooth whitening treatment can be performed either as a dentist supervised process at home or in the dentist's chair. Significant lightening can be achieved in the majority of cases but does have some inherent limitations. These variables can affect the outcome of treatment and include: the type of discoloration that affects your teeth, the overall condition of your teeth and existing fillings/restorative work present, and the degree to which you follow our instructions. The dentist will assess your teeth first and make sure that the type of stain you have is suited to improvement by whitening.

SENSITIVITY AND SAFETY

Whitening has the potential problem of causing tooth sensitivity. This varies in intensity for different people. For In-Office whitening we will recommend premedication to help alleviate this.

When done properly, whitening will not harm your teeth or gums. It does temporarily make the enamel more porous, however use of fluoride toothpaste and Tooth Mousse cream provided normalizes it within a few days.

Tooth whitening has been used over the past 15 years. Current scientific research indicates that the procedure is safe.



ERROR: stackunderflow
OFFENDING COMMAND: ~

STACK: